



Halton, we are here if you need us

For free BACP accredited Counselling, call us free and our trained staff will help you talk it through, in confidence.

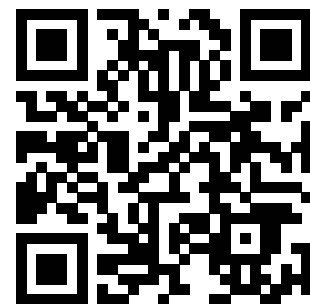
0800 048 5224

10am - 5pm, Monday to Friday

For practical and emotional support, call us free and our trained staff will help you talk it through, in confidence.

1 to 1 Counselling | CBT | Group Counselling
Friendship After Bereavement group

For counselling, visit
www.listening-ear.co.uk/halton



www.listening-ear.co.uk